

# Technical Guide – Shorts Cleaning Guide



## Introduction:

The care of your AlterG shorts is an important daily maintenance. Follow these simple disinfection and cleaning instructions to extend the life of your shorts as well as to provide a hygienic experience for your customers.

## Disinfection:

AlterG recommends disinfecting shorts between uses. AlterG has tested several products, but primarily for the effect that they may have on the shorts (deterioration of materials) and rely upon the manufacturer's claims of effectiveness for their products as disinfectants. Consult the Center for Disease Control website for the latest guidelines on disinfecting of porous surfaces for additional information.

When using a disinfectant, it is recommended to saturate the shorts with the disinfectant solution for a minimum of 10 minutes, followed by washing and then air drying.

## Products recommended by SportsMed Products:

- Clean Freek GearGuard
- Clorox Hydrogen Peroxide Spray
- U-Sol Spray
- 2400ppm bleach solution ( Stronger solutions can damage shorts)

## Application Instructions:

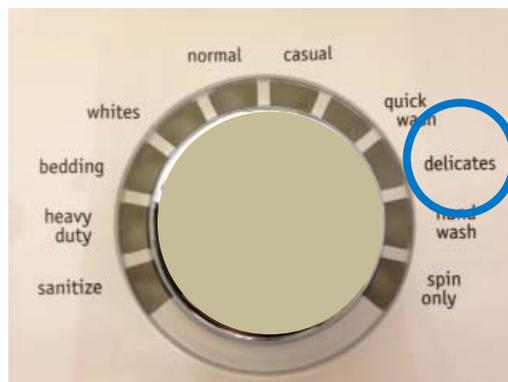
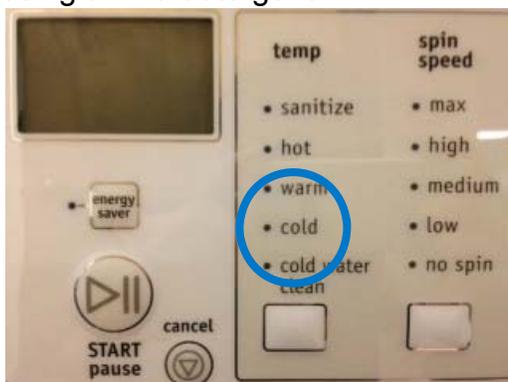
Disinfecting is as simple as spraying the surface of your shorts, inside and out, until the shorts are saturated (wet). Manufacturers typically recommend leaving the disinfectant on for ten minutes before use to eliminate most viruses, bacteria, and fungi.

## Hand Washing:

Your shorts can be hand washed with a mild detergent, using warm or cold water, rinsed and hang dried.

## Machine Wash:

If washing with a machine, ensure the setting is under gentle/delicate cycle in warm/cold water using a mild detergent.



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When machine washing, AlterG also recommends the shorts be washed in a garment bag. The bag provides additional protection as well as prevents the zipper from snagging.



After washing, all shorts must be air-dried and *cannot* be placed in the dryer - the hot air of a dry will melt the neoprene fabrics of the shorts. Similarly, shorts *cannot* be dry-cleaned.



\* Bleach will discolor and degrade adhesives on the shorts, thereby shortening the useful life of the product.

SportsMed Products Ltd offers Clean Freek GearGuard for sale through the website; other options can be bought online or through retail outlets.

Clean Freek GearGuard offers 14 Day Protection giving your equipment and training gear complete protection for 14 days, that's over 300 hours of protection from all bacteria and viruses

- 14 day mono-molecular protection after initial application
- 99.999% kill rate
- Helps stop cross contaminations from user to environment.
- Reduces and removes odours caused by bacteria.
- Safe for use on all hard surfaces, rubber, leather & textiles

Application use; based on the treatment for one pair of trainers, one pair of boxing gloves and one pair of wraps, approx. 4 months usage.