

SPIRIT ASSISTED CHIN/DIP

PIN SELECT

The machine uses a weight stack to offset the users own body weight for pull up and dip exercises. Multiple steps allow for safe entry and exit and dip handles rotate to accommodate shoulder widths. The foot bar can be adjusted out of the way to perform full body weight exercises. Built-in storage on top of the tower allows for easy storage of the users phone and drink.

Specifications

Assembled Dimensions (LxWxH)

2491 x 990 x 1948 mm

Product Weight

273 kg

