

# SPIRIT LOW ROW

## PIN SELECT

This traditional back exercise challenges many muscles of the upper and lower back. The declined angle of pad helps with stabilisation during heavy lifts whilst the angle of the handles ensure correct performance of the exercise. Built-in storage on top of the tower allows for easy storage of the users phone and drink.

## *Specifications*

Assembled Dimensions (LxWxH)	1592 x 1150 x 1810 mm
Product Weight	263 kg

