

SPIRIT SEATED ROW

PIN SELECT

The hand grips pivot and rotate to self-adjust and help maintain focus on the back muscles. The Adjustable seat and chest pad provides ideal positioning and the correct pulling technique, whilst the machine allows unilateral and bilateral motions for correcting muscle imbalances. Built-in storage on top of the tower allows for easy storage of the users phone and drink.

Specifications

Assembled Dimensions (LxWxH)	1592 x 1064 x 1534 mm
Product Weight	245 kg

